



**Spring 2021**

**Protective measures to mitigate risk**

# **Information for Parents & Carers**

## **General Principles**

COVID-19 is transmitted through respiratory droplets from an infected person coughing, sneezing, speaking or breathing, entering the mucous membrane of the throat, eyes or nose of another person.

This can happen through breathing in these droplets or through touching an infected surface, then touching the mouth, eyes or nose.

This is the reason why being outdoors and social distancing, combined with regular hand washing and hygiene are very important.

The government 'Planning Guide for Early Years & Childcare Settings' (24.5.20) acknowledges *'We know that, unlike older children and adults, children in the early years cannot be expected to remain 2 metres apart from each other and staff.'*

The government guidance sets out protective measures:

1. ensure parents are advised to keep children with any symptoms at home
2. ensure staff who are symptomatic do not attend work
3. frequent hand cleaning and good respiratory hygiene practices
4. regular cleaning of settings
5. minimising contact and mixing

The following pages outline protective measures we are putting into place to mitigate the risk of infection.

## **1. Parents advised to keep children with any symptoms at home**

### **Symptoms**

The main symptoms of coronavirus are:

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

### **Illness**

- All parents of pupils with underlying health issues, those within vulnerable groups or who are shielding are instructed to make their condition or circumstances known to the school.
- Parents of pupils with underlying health conditions asked to seek and act on the advice of their GP/consultant/midwife or current government advice.
- Parents are reminded not to send their child into nursery if they are at all unwell.

- If a child becomes at all unwell at nursery, parents will be asked to take them home and will be encouraged to arrange a test.
- Anyone who begins to display coronavirus symptoms while in the setting will be sent home immediately and should follow government guidelines on [what to do if you or someone in your household develops symptoms](#).
- If a child is waiting to be collected, they will be separated from their group and isolated with one member of staff if this is possible.
- Personal, protective equipment (PPE) will be worn when a member of our staff team is with a child who is symptomatic and awaiting collection.
- Once the child or member of staff has left the nursery we will follow [Cleaning of non-healthcare settings](#) to ensure areas they have been in are disinfected and any PPE and other waste is disposed of safely.

### Testing

- All staff that have opted to do so, undertake Lateral Flow Device (LFD) testing twice per week to detect asymptomatic cases of coronavirus.
- All staff and children who are attending a childcare setting will have access to a (PCR) test if they display symptoms of coronavirus, and are encouraged to get tested.
- Where the child or staff member tests negative, they can return to nursery and the fellow household members can end their self-isolation.
- If the child or staff member tests positive, we will consult with Public Health to consider if other children and/ or adults need to be sent home to isolate for 10 days.
- The other household members of those advised to self-isolate do not need to self-isolate unless the child or staff member they live with subsequently develops symptoms.
- As part of the national test and trace programme, if other cases are detected within the setting, Public Health England's local health protection teams will conduct a rapid investigation and will advise settings on the most appropriate action to take. In some cases, a larger group may be asked to self-isolate at home as a precautionary measure.

## 2. Frequent hand cleaning and good respiratory hygiene practices

### Hygiene

- Windows and doors to the outside will be open as far as possible to ensure ventilation.
- We will be using our outdoor areas as much as possible.
- Children will be directed to wash their hands-on arrival, before and after eating, before departure and frequently throughout the day.
- Our staff team will supervise children while washing their hands, especially if using hand sanitiser, and learn how to do it effectively. Washing thoroughly with soap and water for at least 20 seconds is the best way to maintain good hand hygiene.
- Our staff team will wash their hands-on arrival at nursery, and frequently during the day, after touching their face, blowing their nose, sneezing or coughing, and before eating or handling food.
- Boxes of tissues will be made available throughout nursery and outside to encourage blowing noses. We will be following the 'Catch it - Bin it - Kill it' guidance.
- Tissues are immediately disposed into lidded bins and that these are emptied throughout the day.

### Personal Protective Equipment (PPE)

- Our staff team will wear gloves, an apron, a mask and a visor if a child is displaying symptoms and they are looking after that child as they wait to be collected by you or one of your emergency contacts.

### 3. Regular cleaning

#### Resources

- Only limited resources will be available to the children which will be cleaned each day.
- Resources more likely to harbour bacteria and those that are hard to clean will be removed as part of our ongoing risk assessment.

#### Cleaning

- An enhanced cleaning plan to minimise the spread of infection is in place.
- A thorough clean of all surfaces, touch points, doors, floors, toilets, sinks and windows takes place each day.
- Toilets, sinks & toilet areas are thoroughly cleaned at lunchtime.
- All frequently touched surfaces, equipment and door handles are cleaned by staff throughout the day.
- All toys and resources are cleaned at the end of the day.
- Resources that cannot be immersed in water (e.g. pens) are wiped with disinfectant or steamed regularly.
- Stringent cleaning of food preparation areas and dining areas is in place.

### 4. Minimising contact and mixing

#### Grouping of children

- To reduce numbers of families on site we will be staggering start and finish times. Please arrive and depart our site promptly and follow the instructions of the staff team closely.

#### Session times are:

8:00am Breakfast Club

9:00am-2:30pm flexible pick up until 3.00pm for a full day

9:00am-11:50am for mornings only

12.10pm-2:30pm flexible pick up until 3.00pm for afternoons only

3:00pm-5:00pm After School Club

**We will be keeping the children separate according to their age – the 2-3's forming one group and the 3-4's another.**

#### Dropping off & collection

- **All parents and carers are required to wear a face mask at all times whilst on our site, unless exempt (see government guidance).**
- Please arrive at the entrance to nursery, following the social distance markers and await direction from us. We will invite one child at a time to say goodbye to you and enter the building.
- The children will enter and exit through two different entrances at opposite ends of the building.
- **Little Nursery and Tiny Nursery (2-3's)** will enter through the Studio Spa door, which is to the left of the CDC entrance, at the back of our car park (not the Primary School car park). Please ensure that you close the blue gates behind you to ensure the safety of the children.
- **Big Nursery (3-4's)** will enter and exit through the Nursery School entrance, which is next to the entrance of Allens Croft Primary School.

- **Parents will be asked to observe social distancing of 2 metres when they come to drop off and collect their child.** Clear signs will be in place and markings on the floor.
- **Only one parent or carer must attend our site to collect or drop off your child,** to keep the number of people on site to a minimum. Ideally this is to be the same person each day.
- **No siblings (other children in the family) should enter the school site, wherever possible.**

## **Communication with parents & carers**

- We will keep you up to date with information, guidance and the school's expectations on a regular basis (via letters, texts, our website and social media accounts (Instagram, Facebook and Twitter). Please look out for these and follow our social media pages.
- We have a COVID-19 section on the homepage of our school website **[www.allesncn.bham.sch.uk](http://www.allesncn.bham.sch.uk)**
- We will ask you to sign a declaration to indicate that you understand and agree to abide by the safety measures.
- We ask that you explain these new arrangements to your child to prepare them.
- We ask you to agree to remain contactable at all times whilst your child is in school and to quickly collect your child if requested to do so.
- Please ensure we always have up to date emergency contact details for you and your family.
- People that you list as an emergency contact must be available to collect your child from school immediately if necessary.

## **Safeguarding & sickness reporting:**

- We will continue to make fortnightly welfare calls to all families that are not attending school.
- There will be at least 1 Designated Safeguarding Lead (DSL) at school each day should you wish to share any concerns.
- Please talk to your children to let them know that their experience will be different from how it has been.
- Please call the school each morning if your child is not attending and give us the reasons why.
- Parents to inform the school as soon as possible if their child or anyone their household has tested positive for COVID-19.

## **Lunches**

- Parents & carers asked to clearly label lunches *on the outside of the bag or box*.
- Please provide everything your child needs for their lunch, such as a spoon for their yoghurt.
- Please provide an additional drink, in a labelled bottle, for your child to drink with their lunch.

## **Snacks and drinks**

- Children will have fruit which will be provided by nursery.
- Water will be available for children throughout the day and will be provided by nursery.

## **First Aid**

- There will be at least 1 qualified first aider on site every day.
- PPE will be worn for administering First Aid.
- Where possible children will be encouraged to wipe their own wounds.
- We will communicate any injury or first aid intervention via our usual accident forms.
- If there are any head bump injuries, a member of the office or senior leadership team will call to inform you of this.

## **Sun Protection**

- Please ensure you apply a factor 50 sun cream to your child's skin each day before you arrive at school. We will be spending more time outdoors and the weather can change quickly. UV light levels can be very high even on cloudy days and we know this to be a risk for all skin types.

Thank you for your support, we look forward to seeing you



## Protective measures

### Summary for Parents & Carers



Keep children with any symptoms at home

The main symptoms of coronavirus are:

- a high temperature
- a new, continuous cough
- a loss of, or change to, sense of smell or taste

If a child becomes unwell at nursery, parents will be asked to take them home & asked to arrange a test.

If a child or adult exhibits symptoms or tests positive for COVID19, of they will be asked to isolate for 10 days. Those that live with this adult or child will be advised to isolate for 14 days.



Staff who are symptomatic will not attend school

All staff understand that those who have coronavirus symptoms, or who have someone in their household who does, should not attend nursery in any circumstances.

Staff understand that if they develop coronavirus symptoms, they are entitled to a test, and are encouraged to organise one



Frequent hand cleaning and good respiratory hygiene practices

Children will wash their hands on arrival, before and after eating, before departure and frequently through the day

We will use outdoor areas as much as possible.

Staff will wash their hands frequently

Boxes of tissues available & encourage blowing noses

Staff should wear PPE if a child is displaying symptoms



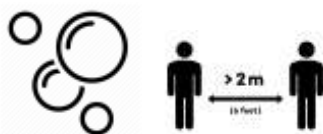
Regular cleaning

Limited resources available & cleaned each day

Thorough clean of all surfaces, touch points, doors, floors, toilets, sinks and windows each day

Thorough cleaning of toilets, sinks & toilet areas at lunchtime

All frequently touched surfaces, equipment, door handles cleaned by staff throughout the day



Minimising contact and mixing

Children not expected to socially distance but kept in same group of children between which mixing is minimised

Adults to maintain 2 metre social distance with other adults or wear PPE where this is not possible.

Children encouraged to be outdoors as much as possible

Children will eat lunches picnic style in an outdoor space, or in classroom if bad weather

Communication exchanged with parents via email and telephone